

South East U3A Forum Summer School

At the University of Chichester

Monday June 19th – Thursday June 22nd 2017

The Summer School consists of about eleven courses running in parallel. It is not possible to combine parts of several courses. The School runs from Monday afternoon to lunch on Thursday. The first seminar is late Monday afternoon and rest on the following three mornings and two afternoons, about 14 hours in total. The tutors are members of U3A.

There is entertainment in the three evenings, a table quiz, the choice of a visit to the theatre (extra charge) or a film in the campus theatre, and a musical evening.

For you - an interesting course, meet interesting people, with good food and accommodation.

Application forms etc. <http://u3asites.org.uk/southeastu3aforum/>

Please book early. Details of any preliminary reading etc. will be sent nearer the time

Women, Art and Society

Tutor: Margaret Nicolle

This challenging course will explore attitudes towards women and how these attitudes are reflected in art from images of the Madonna on the one hand to overtly sexual portrayals on the other. It will consider the restrictions society has placed on female artists in the past, the rise of feminism and its impact on the work of women artists today. There will be plenty of opportunity for participation and debate.

A Bridge Refresher Course

Tutor: Bryan Stephens

This refresher course is aimed at those who would like to improve their game. The course will cover Opening at the one and two levels, Stayman, Transfers, Opener's rebid, Overcalling, Pre-emptive bidding and responses. In between there will be bridge play with emphasis on the subjects discussed.

Psychology: Self and Others

Tutor: Anne Dale

We humans have a sense of self which emerges in early life through the interaction between internal experience and the outside world – particularly with the important people in it. Our sense of self is a combination of uniqueness and belonging. It includes beliefs which can be positive and negative, true or untrue, which may be confirmed, modified or challenged by experience. We look at the processes involved and the factors which influence the development and sense of who we are and how our interactions with others create and maintain the social world in which we live.

Writing your Life Story – a practical workshop

with Teresa & Bernard Hall

We begin with the assumption that every life is unique, every life story important. Writing a life story is challenging but the prizes are the satisfaction and insights it brings to the author, family and friends. Along the way there is an opportunity to reflect on life, its ups and downs and the social history of bygone decades. Come prepared to write and share your work with others and give and receive constructive feedback . The most important thing that we have learned leading life story groups is that working together enables progress. Our aim is that by the end of the summer school all participants will have made a start, accumulated ideas about different ways of reaching the finishing line and possess both the means and the will to complete their story.

Music: Classic Albums of the 1950s & 60s

Tutor: Mike Head

The LP is back and with it the sounds of some of the greatest musicians ever in the field of jazz, blues and popular music. In these seminars we will return to the time when vinyl was king, the LP came with outstanding art work and sleeve notes and was released on such iconic record labels as Blue Note and Atlantic. We hear about the influential record producers who made the records and the studios where they were made. Above all we hear the music by musicians such as Ray Charles, Miles Davies and Elvis Presley.

Explore a slice of Sussex

with Ann Wickenden & Isabel Baker

With the help of local guides this group will explore an area (slice) of Sussex from Midhurst to Chichester. Visits will include a walking tour of Midhurst with a visit to the National Park HQ and a short walk on the South Downs near Cocking. The Weald and Downland Open Air Museum at Singleton, Levin Down (a Sussex wildlife Trust nature reserve and a walking tour of Chichester. Participants should be used to walking a moderate distance (2 to 3 miles) and able to climb gentle slopes. Walking gear recommended for some days.

Painting from Photographs

Tutor: Janet Blight

You will be using your own photographs as reference to produce your art work in water colour or gouache. We will be discussing the merits of tonal studies, colour mixing and the need to crop or simplify your photograph before embarking on your painting. *The course is not suitable for absolute beginners.*

The Origin and Wonder of Fairy Tales and Nursery Rhymes

Bernard Smale

Looking at fairy tales and nursery rhymes in a new way is quite intriguing. Why the wolf fell for sausages, Bluebeard's wasn't . Briar Rose had twins and why seven little men were lost.

Why soldiers got tired, silver bells and cockle shells were feared, pubs had weasels and why a bare cupboard was sinister. Some are innocent nonsense but others

There is a lot of literature on this subject which we will explore in this course.

Walking the Downs and the coast

with Roger Sugden

The walks on the two full days will be 7/8 miles.

Day one: a linear walk across the Downs to Singleton returning to Chichester by bus (remember to bring your bus pass!)

Day two: a coastal walk from Emsworth (bus from the cathedral) round Thorney Island and back to Bosham.

Thursday morning: Chichester - a walk round some city walls and a canal trip (cost £8 last year)

Sixty Years of Changing Britain 1935-95

Tutor: Gillian Pitt

We have lived through a time of unprecedented scientific, technological and consequent social change in our lives and we will spend our time reviewing and reflecting on the many changes in the years from the mid-thirties to the late nineties. We will consider the impact of war, the changes in health, wealth, work and education. This will bring back memories and put a lot of what you 'knew' in a new context and a fresh perspective. There will be plenty of opportunity for discussion and for your contributions which will bring the past alive.

Mathematics Demystified

Tutor: Roger Luther

In this course we will look at a wide variety of mathematical topics and their use in everyday life. We will probably include maths - and – music, the maths of card shuffling and sending messages from Pluto. If there is interest we could also spend one or two sessions looking at some aspects of modern physics and cosmology.

Enquiries

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